

DR.V.V.S. NARAYANA NAKKINA

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SYNOPSIS

- ☞ Presently working as a **Head of the Department & Assistant Professor** in **Department of Psychology**, University College of Arts and Commerce, Adikavi Nannaya University, Rajamahendravaram, Andhra Pradesh, India.
- ☞ **Ph.D. in Psychology** from Department of Psychology, Andhra University.
- ☞ **Andhra Pradesh State Eligibility Test (APSET)** was cleared on July 2012.
- ☞ Successfully completed role as an **Associate Professor** in **Department of Psychology**, School of Social Sciences and Humanities, University of Gondar, Gondar, Ethiopia.
- ☞ Developed equivalence to Telugu version and Indian norms for adult forms of Achenbach System of Empirically Based Assessment (ASEBA) as part of **International Project**.
- ☞ Ability to maintain a well-disciplined and highly motivated classroom. Offer individual support and provide positive encouragement to ensure that each student succeeds.
- ☞ Proficient in devising effective strategies based on research reports and previous literature.
- ☞ Conducted **10 Induction Trainings and 8 Refresher Trainings** for Andhra Pradesh State AIDS Control nominated counselors under the GFATM R7 project.
- ☞ In-depth knowledge of working on specialized software: Statistical Package for Social Sciences (SPSS) 17.0 Version; STATA; MS-Excel.
- ☞ Attended around **24 Conferences and 20 workshops** so far.
- ☞ Collaborative educator, with outstanding communication and interpersonal skills to cultivate and sustain strong relationships within the community.

ACADEMIC EXPERIENCE

- ☞ **Assistant Professor**, Department of Psychology, University College of Arts and Commerce, Adikavi Nannaya University, Rajahmundry since October 2017.
- ☞ **Consultant Psychologist**, Manas Counselling Centre, AV Apparao Rao Road, Rajamahendravaram from April 2020.
- ☞ **Associate Professor**, Department of Psychology, School of Social Sciences and Humanities, University of Gondar, Ethiopia since Oct 2014 to Sep 2017.
- ☞ **Research Officer** in **INDEPENDENT Study** funded by **National Institute of Health, USA** and coordinated by Department of Psychology & Endocrine Diabetic Centre, Visakhapatnam since Nov 2013 to September 2014.
- ☞ **Consultant Researcher and Psychologist** collaborated with Department of Psychology Andhra University, Visakhapatnam since May 2013 to Oct 2013.
- ☞ **Assistant Professor**, Department of Psychology, Adikavi Nannaya University, Rajahmundry since August 2011 to April 2013.
- ☞ **Capacity Building Officer equivalent to Assistant Professor (Scientist-B)**, Global Fund to Fight AIDS, Tuberculosis and Malaria-Round 7 (GFATM R7), Department of Psychology, Andhra University, Visakhapatnam since February 2009 to July 2011.
- ☞ **Associate Psychologist (Freelance)**, King George Hospital collaborated with Esai Pharmaceutical India Pvt. Ltd, Visakhapatnam since February 2007 to February 2009.

ADMINISTRATIVE EXPERIENCE

- ✧ **Course Coordinator/Head of the Department**, Department of Psychology, University College of Arts & Commerce, Adikavi Nannaya University, Rajahmundry since 02nd Nov 2021.
- ✧ NAAC Core Committee Member for Criteria 3, Adikavi Nannaya University, Rajahmundry from 30th June 2020.
- ✧ **Convenor**, AKNU-UG Board of Studies, Adikavi Nannaya University from 26th August 2021.
- ✧ **Member**, PG- Board of Studies, Adikavi Nannaya University from 2017.
- ✧ **Assistant Training & Placement Officer**, University College of Arts & Commerce, Adikavi Nannaya University, Rajahmundry from 17th August 2019 to 16th August 2020.

ACADEMIC

- ✧ 2012 Ph.D. Psychology (Psychometrics) from Department of Psychology, Andhra University (Awarded in 2014).
- ✧ 2009 M.Phil. Psychology (Psychometrics & Health Psychology) from Department of Psychology, Andhra University.
- ✧ 2007 M.A. Clinical Psychology from Department of Psychology, Andhra University.
- ✧ 2007 Post Graduate Diploma in Yoga from Department of Yoga, Andhra University.
- ✧ 2004 B.Sc. with Mathematics, Physics and Computers from Andhra University.

THESIS & DISSERTATION

✧ **Ph.D. Thesis**

- Ψ "Emotional and Behavioural Problems of College Students: Adaptation of ASEBA Adult Form"

✧ **M.Phil. Dissertation**

- Ψ "Health Consciousness: The Influence of Personal correlates among Exercise and Non-exercise performing groups"

✧ **M.A. Psychology projects**

- Ψ One month placement in Government Mental Health Hospital, Visakhapatnam to counsel patients who suffer from psychotic and neurotic problems.
- Ψ Carried out counseling work for children and adolescents in various settings.
- Ψ Carried out educational and vocational guidance for high school students.
- Ψ Did a study on "Leadership Qualities among University College Students".
- Ψ Did a study on "Manifest Anxiety and Performance on Visual Reaction Time".
- Ψ Trend report on Postpartum Depression.
- Ψ Work file submitted on gender identity disorder and the Human Brain.
- Ψ Did a test construction work on "Equivalence of English and Telugu forms of Youth Self Report" Achenbach System of Empirically Based Assessment forms.

ACADEMIC ACHIEVEMENTS

- ✧ Best Researcher and Academician for the year of 2016 from University of Gondar, Ethiopia.
- ✧ Qualified Andhra Pradesh State Eligibility Test (AP SET) conducted by Osmania University, Hyderabad (Combined Andhra Pradesh).
- ✧ Best paper award in the International Conference on Applied Psychology for a Peaceful World Conducted by the Department of Psychology, Jamia Millia Islamia, New Delhi (2007).

RESEARCH PROJECTS

- ✧ INDEPENDENT Study funded by National Institute of Health, USA.
- ✧ Project on development of International Cross-cultural norms for ASEBA adult forms ASR and ABCL, from Research center for children, youth and families, University of Vermont, Burlington.
- ✧ Mini research project on "Emotional and Gynec Problems of Adolescent Girls of Visakhapatnam District" from RGNIYD, Sriperumbudur, Chennai.

RESEARCH AND TRAINING EXPERIENCE

- ✧ Trained more than 500 students in the area of counselling and psychological testing.
- ✧ Conducted several Workshops, Internships and Certificate Courses in collaboration with MANAS- The Academy of Psychology Rajamahendravaram, Andhra Pradesh from 2020.
- ✧ Conducted 10 Induction Trainings and 8 Refresher Trainings for Andhra Pradesh State AIDS Control nominated counselors under the GFATM R7 project.
- ✧ Translated medical survey questionnaires into Telugu for international medical studies.
- ✧ Authored self-learning material for the B.A (Psychology) course, GITAM University, Visakhapatnam.
- ✧ Authored self-learning material for the B.A (Psychology) & M.Sc (Psychology) course, B. R. Ambedkar Open University (BRAOU), Hyderabad.
- ✧ 14 Years' experience in teaching and demonstration of various psychological tests for the students of post graduate Psychology students.
- ✧ Worked as an academic consultant for Indira Gandhi National Open University (IGNOU), B. R. Ambedkar Open University (BRAOU) and Andhra University.
- ✧ Conducted training classes for high school students and engineering students on stress management and study skills.
- ✧ Giving regular, career and educational counseling for students from 9th to 12th standard of CBSE schools of Visakhapatnam, Rajahmundry and other areas.

ONLINE TRAINING

- ✧ Diploma in Principle and Practice of Neuro – Linguistic Programming (NLP Practitioner Course).
- ✧ Certified Hypnosis-Hypnotherapy Practitioner Course
- ✧ NLP Master Practitioner Training Course (Advanced to Specialist)
- ✧ Faculty Development Programme on "Applied Psychological Perspectives of Wellbeing: SPEED from Amity University.

TECHNICAL TRAINING

- ✧ Diploma in Computer Applications from CT&T Computer Education, Tuni (July 2002).
- ✧ Diploma in Computer Hardware and Networking Maintenance from Star Computers, Visakhapatnam (September 2004).
- ✧ Statistical Package for Social Sciences (SPSS) 17.0 Version, and STATA.
- ✧ Familiar in website designing, ms-office, social marketing and other software.

CONFERENCES / WORKSHOPS / SEMINARS/ WEBINARS ORGANIZED

- ☞ Training of Trainers (TOT) On "Basic Counselling Skills & Strategies for Teachers" from 24-25 March 2022.
- ☞ Two Day National Webinar on "Development of Play and Social Skills in Children with ASD with NIEPMD/RCI Accredited CRE Points Available" on 26th & 27th April 2021.
- ☞ Two-Day National CRE Webinar on "Research in Disability Rehabilitation RCI-CRE Status Accredited" on 11th& 12th May 2021.
- ☞ National Webinar on "Psycho-Social Perspectives of Students of Higher Education-Issues and Challenges" on 21th September 2021.
- ☞ Workshop on "Power of Positive Psychology (PPP)" at Department of Psychology, Adikavi Nannaya University, Rajamahendravaram on 20 March 2020.
- ☞ Webinar on "Psychological Perspectives of COVID - 19 Pandemic" on 13th May 2020.
- ☞ International webinar on "World Mental Health Day" on 10th October 2020.
- ☞ International Webinar on "Challenges to Education of Children with High Support Needs" on 29th July 2020.
- ☞ National Virtual Workshop on "Optimizing Emotional Wellness Through Storytelling (A tool kit for psycho educational perspectives) on 29th October 2020.
- ☞ Workshop on "Career & Soft Skills for Powered Minds and Empowered Communities" on 05th March 2020.
- ☞ Online Counselling Services during COVID-19 in and around Godavari Districts.
- ☞ Two Day Workshop on "Basic Counselling Skills for Cognitive Behavioural Modifications" on August 2018.
- ☞ Three Day National Seminar and Workshop on "Introduction and Challenges in Inclusive Education" from 25th to 27th 2018.
- ☞ One Day National Seminar on "Indian Psychology and spirituality: Role of Women in Developing Values in Indian Family System" 6th Feb 2018.
- ☞ Workshop on "How to be an effective psychologist, the bright and dark part of the profession" on 24th Jan 2018.
- ☞ International Symposium, seminar and workshop on "Enabling and empowering persons with disabilities-Role of stakeholders (teachers-health workers, NGOs and government)" 1st-4th march 2017.

RESEARCH PAPERS PUBLISHED: JOURNALS AND EDITED BOOKS

- ☞ **"Mental Health Issues among the Aged Women-A Theoretical Perspective"** in Gender Mainstreaming: Issues and Strategies for Empowerment Edited Book by Prof.B.Ratna Kumari, Dr. Durgabai Deshmukh Centre for Women's Studies, Andhra University (In press).
- ☞ **"Effects of personal correlates on Risk perceptions among Indian and Ethiopian students: A Cross Cultural Study"** in Journal of Indian Psychology (In press).
- ☞ **"Impact of Gender on Behavioural and Adjustment Problems among School Dropouts"** in *International Journal Of Psychosocial Research (IJPSR)*, vol.3 Issue (1), July, 2014.

- ☞ **"Gender Differences in Normal and Visually Impaired Adolescents on Emotional and Behavioural Problems "** in Changing Paradigms of Education and Human Development, Edited Book by B.S.Vasudeva Rao and P.Viswanadha Gupta, The Associated Publishers, 2012, pg.167-188, ISBN: 978-81-8429-5.
- ☞ **"Well-being and Gynec Problems among Adolescent Girls"** in Positive Psychology edited by Dr.SunilKumar and Dr.S.B.Yadav, Global Vision Publishing House, 2011, pg.191-202, ISBN: 8182204143.
- ☞ **"The role of psychology in disaster management"** in Social science international, Vol.27, No.2, 2011, pg.287-300, ISSN: 0970-1087.
- ☞ **"Gender differences in normal and visually- challenged adolescents on emotional and behavioural problems"** in 1st Indian youth social science congress- proceedings, Rajiv Gandhi National Institute of Youth Development (RGNIYD), 2011, pg.53-67.
- ☞ **"Health Consciousness: the influence of personal correlates among exercise and non-exercise performing groups"** in Indian Journal of Health and Wellbeing, Vol.2, No.2, 2011, pg.292-295, ISSN: 2229-5356.
- ☞ **"A Comparative Analysis of the Symptom Patterns, Demographic Variables and Emotional Problems of Chicken-Gunya patients from North Coastal Andhra Pradesh"** in Indian Journal of Health and Wellbeing, Vol.2, No.1, 2011, pg.78-84, ISSN: 2229-5356.
- ☞ **"Effect of Physical Exercise on Health Consciousness"** in Journal of Indian health Psychology, Vol.5, No.2, March 2011, pg.01-14, ISSN: 0973-5755.
- ☞ **"Effects of Personal correlates on Risk Behaviors among Indian and Ethiopian students: A Cross Cultural Study"**, in Handbook of Management and Behavioural Science, Vol.2, Wisdom Publications, Delhi, India, March 2011, Pg.1-11, ISBN: 8189547968.
- ☞ **"Effect of Gynec Problems on Internalizing and Externalizing Behaviours of Young Women"**, in Handbook of Management and Behavioural Science, Vol.2, Wisdom Publications, Delhi, India, March 2011, Pg.189-199, ISBN: 8189547968.
- ☞ **"Effects of Counselling on HIV/AIDS Patients" in Healthcare Management in India"**, New Century Publications, New Delhi, India, July 2010, Pg.71-85, ISBN: 8177082442.
- ☞ **"The Effect of Yoga on Visual Reaction Time"** in Indian Journal of Social Science Research, Vol.6, No.2, October 2009, pg.63-70, ISSN:0974-9837.
- ☞ **"Development of Health Consciousness Scale"** in Journal of Indian health Psychology, Vol.3, No.2, March 2009, pg.87-102, ISSN: 0973-5755.
- ☞ **"Effect of Yoga on Women's Psychological Well-Being"** in Journal of Indian Psychology, Vol.26, No.1&2, Jan & July 2008, pg.39-46, ISSN: 0972-5431.
- ☞ **"A Study in Depression in Women with Pre and Post Menopause Stages in Tribal Area"** in The Psychology of Women, Artha Journal of Social Sciences, Vol.6, No.1, Jan-June 2007, pg.79-90, ISSN: 0975-329X.

PAPERS IN CONFERENCES & SEMINARS

- ☞ **"Mental Health Issues among the Aged Women-A Theoretical Perspective"** in International Conference on Gender Mainstreaming: Issues and Strategies for Empowerment

organized by Dr.Durgabai Deshmukh Centre for Women's Studies, Andhra University, Visakhapatnam, 5-6 Mar 2014.

- ☞ **"Impact of gender on behavioural and adjustment problems of dropouts"** in XXI st Annual Convention of NAOP & International conference on Human Development and poverty: Alternative conceptualization and measurement, Institute of Rural Management, Anand, Gujarat, 12-14 Dec 2011.
- ☞ **"Emotional and Gynec problems among adolescent girls of Visakhapatnam district"** in 3rd international conference on Life Skills Education organized by RGNIYD in collaboration with Research Committee on Sociology of Youth (RC34) of ISA, Sriperumbudur, Tamil Nadu, 22-25 November 2011.
- ☞ Organized and Exhibited a Stall on **" HIV/AIDS and Counselling"** in Andhra University Academic Exhibition-2011 organised by College of Arts and Commerce, Andhra University, Visakhapatnam, 12-16 February 2011.
- ☞ **"Effect of Personal Correlates on Risk Behaviours Among Indian and Ethiopian Students: A Cross Cultural Study"** in International Conference on Management and behavioural Sciences (ICMBS-11) organised by Society of Management and Behavioural Science, Jodhpur, Rajasthan, 2-3 April 2011.
- ☞ **"Effect of Gynec Problems on Internalizing and Externalizing Behaviours of Young Women"** in International Conference on Management and behavioural Sciences (ICMBS-11) organised by Society of Management and Behavioural Science, Jodhpur, Rajasthan, 2-3 April 2011.
- ☞ **"Development of Stress Inventory"** in XXth Annual Conference of National Academy of psychology (NAOP) on Min, Culture and Human Activities: psychological Sciences in twenty first Century conducted by JNU, New Delhi, 12-15 Dec 2010.
- ☞ **"Risk Taking Behaviour Among Indian and Ethiopian Research Scholars: A Cross Cultural Study"** in XXth Annual Conference of National Academy of psychology (NAOP) on Min, Culture and Human Activities: psychological Sciences in twenty first Century conducted by JNU, New Delhi, 12-15 Dec 2010.
- ☞ **"Internalizing and Externalizing Problems among Adults with HIV/AIDS and Adults without HIV/AIDS"** in XXth Annual Conference of National Academy of psychology (NAOP) on Min, Culture and Human Activities: psychological Sciences in twenty first Century conducted by JNU, New Delhi, 12-15 Dec 2010.
- ☞ **"Health Consciousness: The Influence of Personal Correlates among Exercise and Non-Exercise Performing Groups"** in an International Conference on Positive Psychology: A New Approach to Mental Health conducted by Amity Institute of Behavioural & Allied Sciences, AMITY University, Rajasthan, Jaipur (6-8 Aug 2010).
- ☞ **"Development of Health Consciousness Scale"** in an International conference of the Indian Academy of Applied psychology (IAAP), Aurangabad (2009).
- ☞ **"Employee Counselling Needs: The Influence of Personal Correlates"** in an International conference conducted by Indian Association for Applied psychology (IAAP), Aurangabad (2009).
- ☞ Organized and exhibited a stall in **"Health Fare"** conducted by HSBC, Visakhapatnam (2007).

- ☞ **"A Comparative Analysis of Symptom pattern, Demographic variables and Emotional Problems of Chicken-Gunya patients from North Coastal Andhra Pradesh"** in the International Seminar on Applied Psychology for a Peaceful World Conducted by the Department of Psychology, Jamia Millia Islamia, New delhi (2007).
- ☞ **"Effect of Yoga on Visual Reaction Time"** in the National Seminar on Psychology in the Pursuit of Human Well-Being conducted by Sri Venkateswara University, Tirupati (2007).
- ☞ **"The Role of Psychology in Disaster Management"** in the National Seminar on Disaster Mental Health conducted by Utkal University, Bhubaneswar (2007).
- ☞ **"A Study on Depression in Women with Pre and Post Menopause Stages in Tribal Area"** in the National Conference on Women Psychology conducted by Department of Psychology, Christ College, Bangalore(2007).
- ☞ **"Effect of Yoga on Women's Psychological Well-Being"** in the National Seminar on Psychological Well-Being: Assessment and issues conducted by Utkal University, Bhubaneswar (2007).
- ☞ **"Enhancement of abilities and behaviour modification of below average IQ child"** in the National Seminar on current trends in HRD and Counselling Psychology conducted by (2006).

ACADEMIC WORKSHOPS / SEMINARS/WEBINARS

- ☞ International webinar on "Psychology of Happy and Meaningful Life" held on 18th July 2021 organized by Department of Psychology, Sat Jinda Kalyana College, Rohtak, Haryana.
- ☞ One Week On-Line Faculty Development Programme On **"APPLIED PSYCHOLOGICAL PERSPECTIVES OF WELLBEING: S.P.E.E.D"** from 22nd to 27th June,2020 Organized by Amity Institute of Psychology and Allied Sciences
- ☞ One Day National Webinar on "Evidence Based Public Policy and Policy Response of the Indian State to Covid-19" held on 12th June 2020 organized by Adikavi Nannaya University, Rajahmundry.
- ☞ One day National Webinar on "COVID-19 Media Services" held on 27th June2020 organized by Media Cell, Adikavi Nannaya University, Rajahmundry.
- ☞ One day National Webinar on "Indian Economy during COVID-19 with Special Refernce to Agriculture and Informal Workers" held on 22nd June 2020 organized by Sir CR Reddy College, Eluru, Andhra Pradesh.
- ☞ One day National Webinar on "Open Access Resources, Tools and Techniques for Researchers" held on 29th May 2020 organized by Dr.B.R.Ambedkar Central Library, Adikavi Nannaya University.
- ☞ One day National Webinar on "Impact of Government's Innovative and Pathbreaking Policies of Education in Andhra Pradesh" held on 08th July 2020 organized by College Development Council and Media cell, Adikavi Nannaya University, Rajamahendravaram.
- ☞ International Webinar Session on "Living with Hope: The Role of Hope in Posttraumatic Growth" held on 25th June 2020 organized by Indian Academy of Applied Psychology (IAAP).
- ☞ Eight day **"Jeevan Vidya"** workshop conducted by Human Values Cell, IIIT, Gachibowli, Hyderabad, 22-29 June 2013.

- ☞ Three day "**Jeevan Vidya**" workshop conducted by Human Values Cell, IIIT, Gachibowli, Hyderabad, 02-04 May 2013.
- ☞ Three day "**counselling supervision refresher training**" program conducted by GFATM R7, counselling subcomponent, Department of Psychology, Andhra University, Visakhapatnam, 24-26 April 2013.
- ☞ Three day "**counselling supervision refresher training**" program conducted by GFATM R7, counselling subcomponent, Department of Psychology, Andhra University, Visakhapatnam, 27-29 Sep 2012.
- ☞ Four day refresher training for master trainers on "**Gender and Sexuality**" conducted by TARSHI and organized by SAKSHAM, GFATM R7 at Jamia Milia islamia, Delhi, 22-25 Feb 2011.
- ☞ Four day workshop on "**Research Methodology**" organized by Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Tamil Nadu, 02-05 May 2011.
- ☞ Pre-Conference Workshop "**Structural Equation Modeling**" conducted by National Academy of Psychology (NAOP 2010), IIT Delhi, Delhi, 10-11 Dec 2010.
- ☞ Participated in Training of Trainers on "**Counselling Supervision**" held under Global Fund Round-7, Counselling Sub Component at Tata Institute of Social Sciences, Mumbai from 27th Nov to 30th Nov 2010.
- ☞ Training of Trainers (ToT) on "**Positive Prevention Tool Kit**" by LEPRRA India-Jyoti Project held at GFATM R 7, Andhra University, Visakhapatnam, 25-28 September 2010.
- ☞ Refresher Training on "**HIV/AIDS Counselling for Master Trainers**" held under the Global Fund Round-7, Counselling Sub component at Bangalore University, 09-13 March 2010.
- ☞ Two day workshop on "**Self Learning Material Preparation**" conducted by Center for Distance Learning, GITAM University, Visakhapatnam, 26-27 Dec 2010.
- ☞ Workshop on "**Supportive Supervision in HIV/AIDS Counselling**" held under the Global Fund, Round-7, Counselling Sub component at Training Hall, RCF Jet Hostel, Chembur (E), Mumbai, 6-11 Sept 2009.
- ☞ "**12 day Master Trainers Induction Training Program**" in GFATM R7 Counselling Sub-Component, Centre Psychological Counselling, Bangalore University, Bangalore, 15-26 April 2009.
- ☞ One week workshop on "**Social Science Research Methodology**" conducted by UGC-Academic Staff College, Andhra University, Visakhapatnam, 13-19 March 2008.
- ☞ Workshop on "**Skills and Techniques for Promoting Interaction in Children with Developmental and Communicative Disorders**" conducted by Psych-guru Mental Health Services Pvt. Ltd, Visakhapatnam, 27 January 2008.
- ☞ "**Refresher Course in Yoga**" by Institute for Yoga and Consciousness, Andhra University, Visakhapatnam, 16-18 Dec 2007.
- ☞ Two-day work shop cum seminar on "**Coping Life Challenges**" conducted by Department of Psychology, Andhra University, 28-29 April 2005.
- ☞ Two-day workshop cum International Seminar on "**Coping with Chronic Diseases**" conducted by Department of Psychology, Andhra University at Palm Beach, Visakhapatnam, 30 September-01 October 2005.

PROFESSIONAL MEMBERSHIP

- ☞ Member of **National Academy of Psychology (NAOP)**, India.
- ☞ Life Member of **International Association of Holistic Psychology (IAHP)**, India.
- ☞ Life Member of **Indian Academy of Applied Psychology (IAAP)**, India.
- ☞ Life member of **Indian Academy of Life Skills (IALS)**, 2011, RGNIYD, Chennai, India.

PERSONAL DETAILS

- ☞ Date of Birth : 04th July 1982
- ☞ Gender : Male
- ☞ Marital Status : Married
- ☞ Passport : **J7360701**
- ☞ Languages Known : English, Telugu
- ☞ Permanent Address : Flat.No.401, Dharani Enclave, Mahalakshmi Temple Road, A V Appara Road, Rajamahendravaram, East Godavari Dist, Andhra Pradesh-533106.